

Crunch! Oh no, I can't believe it....

You're minding your own business, chilling to your tunes, winding your way toward home after a long day back in the office after the pandemic shutdown, and suddenly – crunch! Someone slams right into your car...

Be it a rear-ending, T-bone, or head-on accident, it just isn't a pretty situation. It is always a lot to handle on top of our already-too-busy lives, between the insurance and rental car and the estimates and...

So, how are you feeling?

In the beginning, the physical part of the accident may seem minor to you, and you may believe that your aches and pains will simply just go away, but beware. Auto accidents often create misalignments when your body is abruptly jolted around.

If you opt to have no treatment, bones may heal out of place, and 3-5 years later you can have serious problems with misalignments.

Upon evaluation, many spinal misalignments are often present -- misalignments that came from one or more past car accidents.

Misalignments lead to nervous system stress, which results in issues with the vital organs.

Proactive care is key when it comes to successful recovery from a car accident. And it doesn't have to take up a lot of time to get and stay healthy.

If you or a loved one is involved in a car accident, give us a call and come in for an exam. You will be glad you did.