

Is it good for *my* kids?

Is chiropractic good for kids?

Not if you ask people who mistakenly believe that the only reason to visit a Doctor of Chiropractic is for a bad back.

But as millions of parents know, the benefits of chiropractic for kids from infants to teens are many.

Kids fall and bump themselves often. Can one or more of these injuries lead to spinal misalignment? Absolutely! In fact, most spine problems begin in childhood. Children don't complain much and so their injuries can be brushed off. The more injuries they have, the higher their risk of misalignments and a malfunctioning nervous system.

This can lead to problems such as ear infections, colic, colds, fevers, sore throats, bed-wetting, asthma, and allergies as well as learning and behavioral issues.

Adolescence is a time of rapid growth, and what was a minor problem at a younger age may now flare up during the growth spurts and hormonal changes of puberty.

Headaches, back pain, fatigue, and irritability do occur in children and teens.

For many, it's not until adulthood when one day they give a hearty sneeze or bend to tie their shoes when suddenly their back locks and they can't move.

Often stiff necks and headaches begin without any obvious reason. Upon evaluation, many spinal misalignments are present -- misalignments that came from minor bumps and falls throughout the growing years.

Children need *and* benefit from an annual spinal check-up just like they need an annual physical check-up.

Has *your* child had a chiropractic exam? This is a perfect time to get your child started on cultivating a healthy lifestyle.

Call our office to schedule their first appointment.